**High School Physical Education**  Mrs. Gerry, gerrys@grantesd.k12.or.us

Course Syllabus 2019-2020 phone: 541-575-1799

Course Overview: This is an introductory class to physical education. Students will have an opportunity to engage in various team and individual sports, as well as, fitness-based activities. Fitness and health principles will be woven throughout the curriculum. State and National Physical Education standards guide the curriculum.

Grading: 10 points can be earned daily based on a combination of best effort performance, self-management, timeliness, and appropriate attire. Knowledge tests will also be administered. Grades are based on a total point system. A standard percentage breakdown determines letter grade:

 90-100% = A 80-89% = B 70-79% = C 60-69% = D (warning list) below 59% = F (ineligible)

\*Phys. Ed. is a performance-based class. Students are expected to perform with their best effort daily in the task assigned to them. Parent notes cannot excuse a student from a task/class. Doctor notes will be accepted. Parents please call or email if you have specific concerns. I am happy to visit with you about your child.

Dress Code: Students will change into P.E. clothes daily and should wear clothes that allow for full range of movement. Students may be required to go outside during the fall and spring months.

-Clean athletic shoes (no street shoes) -Athletic shorts/sweatpants

-Athletic shirts/sweatshirts -Socks

Lockers: Gym lockers will be provided. Some have locks, others do not. If you use a personal lock, you are required to provide the classroom teacher with an extra key or the combination. Students are expected to report any issues occurring in the locker room immediately.

Gym Etiquette: Students are expected to behave in a safe and respectful manner at all times within the gym, locker room, weight room, and PE field.

* Walk on outside edge of gym floor when wearing street shoes.
* Leave all equipment alone until permission for use is given.
* No horse-play in the gym or locker room.
* No gum, candy, food, or drink.

Classroom Expectations: *Operate in a manner that will allow everyone to enjoy the class and improve.*

1. Dress down, be in the gym ready for activity 3 minutes after bell rings.
2. Give your best effort, be sportsmanlike, treat others and yourself with respect.
3. Follow rules, use equipment for its intended use.

Signed syllabus due Wednesday, 8/28

1. Communicate injuries and health concerns immediately.
2. Make arrangements with Mrs. Gerry to make-up missed class time.

I have read the above syllabus and understand what is expected of me during physical education class.

Student Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_

Guardian Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_

My child has medical concerns that the physical education department should be aware of: \_\_\_ No \_\_\_ Yes

If yes, please explain: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Questions/Comments/Concerns: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_